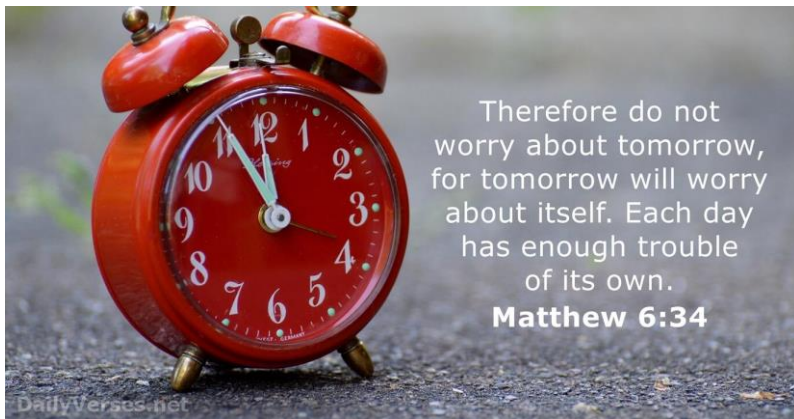


11 October 2022

Dear Parents/Guardians/Caregivers

PEPPS Mokopane Preparatory School and College would like to welcome you all back on board after the Spring break. We have the fourth and final term of 2022 ahead of us. There are going to be lots of (hard) work, so please motivate each other and stay on track! Kindly familiarise yourself with the below info:



When thinking of bible verses about parenting responsibilities, this may not have immediately sprung to mind. However, it is a very good bible verse for parents! Consider this your reminder to enjoy the moment with your kids. Yes, you do need to think about their future, but don't spend so much time worrying about what could be and not enjoying what is. Your kids need you now, in their world, paying attention to them, and not always worrying about the

future. Take a step back and recognize when you're missing important moments, memories in the making, and ask yourself what you can teach your child right now, today, about the Kingdom of God that will let them know they are loved and supported.

Parenting responsibilities are not easy and is hard work. We all strive to be good parents and guardians. As good parents, we strive to make decisions in the best interest of our children. Good parents are defined not only by their actions and also by their intention.

Luckily good parents do not have to be perfect. No one is perfect. No child is perfect either, and no two children are the same. Successful parenting is not about achieving perfection. We should work towards a goal. Set a high standard for ourselves and secondly for our child (realistic standards). Together we are creating tomorrow's leaders.

Here are a few tips for successful parenting:

Be a good role model.

Walk the walk. Don't just tell your child what you want them to do.

The best way to teach is to show them.

Human is a special species in part because we can learn by imitation. We are programmed to copy others' actions, understand them, and incorporate them into our own. Children, in particular, watch everything their parents do very carefully.



So, be the person you want your child to be — respect your child, show them positive behaviour and attitude, have empathy towards your child's emotions — and your child will follow suit.

Love them and show them through action.



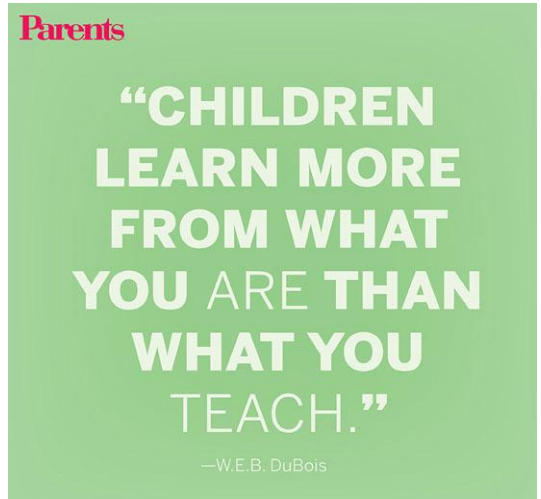
There is no such thing as loving your child too much. Loving them cannot spoil them. Only what you choose to do (or give) in the name of love can — things like a material indulgence, leniency, low expectation, and over-protection. When these things are given in place of real love, that's when you'll have a spoiled child.

Loving your child can be as simple as giving them hugs, spending quality time with them, having family meals together, and listening to your child's problem seriously. Showing these acts of love can trigger the release of feel-good hormones such as oxytocin. These neurochemicals can bring us a deep sense of calm, emotional warmth, and contentment, from these the child, will develop resilience and not to mention a closer relationship with you.

Practice kind and firm positive parenting.

Babies are born with around 100 billion brain cells (neurons) with relatively few connections. These connections create our thoughts, drive our actions, shape our personalities and basically determine who we are. They are created, strengthened, and "sculpted" through experiences across our lives.

Give your child positive family interaction, especially in the early years. They will then have the ability to experience positive experiences themselves and offer them to others. But if you give your child negative experiences, they won't have the kind of development necessary for them to thrive. When it comes to discipline, it seems hard to remain positive, especially when you're dealing with behaviour problems. But it is possible by using **positive discipline** and avoiding **harsh discipline**.



Being a good parent means you need to teach your child the morals of what is right and what is wrong.

Setting limits and being consistent is the golden rule to good discipline. Be kind and firm when you set rules and enforce them. Focus on the reason behind the child's misbehaviour. And make it an opportunity for them to learn for the future in a positive way, rather than to get punished for the past.

Pay attention to our own well-being.

Often times, things such as your own needs or the health of your marriage are kept on the back burner when a child is born. If you don't pay attention to them, they will become bigger problems down the road. Take time to strengthen your relationship with your spouse.

Stressed-out parents are more prone to fighting. Don't be afraid to ask for parenting help. Having some "me time" for self-care and stress management is important to rejuvenate the mind. How parents take care of their children physically and mentally will make a big difference in their parenting and family life. If these two areas fail, your child will suffer, too.

Adapted form: <https://www.parentingforbrain.com/>

Announcements

Term Tests

Term tests will start on 27 October 2022. Pupils will write on Tuesdays and Thursdays. Please make sure they are well prepared.



PEPPS MOKOPANE PREPARATORY SCHOOL TEST TIME TABLE TERM 4 – 2022

DATE & TIME:	SUBJECT:	DATE & TIME:	SUBJECT:
Thursday, 27 Oct 2022	English	Tuesday, 01 Nov 2022	NS & T
Thursday, 03 Nov 2022	Afrikaans/Sepedi (FAL)	Tuesday, 08 Nov 2022	Social Sciences Grade 4 – 6 Content Grade 7
Thursday, 10 Nov 2022	Mathematics		

11, 18, & 25 October 2022, Tuesdays – Cultural

13 & 20 October 2022, Thursdays – Cultural

Prize Giving

Our pupil achievers are acknowledged as usual on our annual Prize Giving to be held on Wednesday morning, 30 November 2022 on the PEPPS Mokopane premises. All nominees will receive a special invitation to this event. Pupils not participating in this event can stay at home on the day. Please support your child – our pupils enjoy and appreciate this interest in what they do and achieve! More info on this event will be sent out with the individual invitations.

Grade R pupils will receive their certificates at this event as well. Information will be sent out to parents.

Exams

All pupils in Grade 4 – 8 will officially start writing exams on Wednesday, 23 November 2022. We would like to inform you that the school will come out at 12:00 every day during this exam period. We urge you to PLEASE MAKE THE NECESSARY TRANSPORT ARRANGEMENTS AHEAD OF TIME ALREADY! Very important: Please ensure that your child does prepare well in advance for all upcoming tests and exams. There is no time to play around. We rely on you as parents to assist us – be strict and consistent, yet loving. It is only for your child's benefit.



PEPPS MOKOPANE PREPARATORY SCHOOL EXAM TIME TABLE TERM 4 – 2022

Grade	Monday, 21 Nov 2022	Tuesday, 22 Nov 2022	Wednesday, 23 Nov 2022	Thursday, 24 Nov 2022	Friday, 25 Nov 2022	Monday, 28 Nov 2022	Tuesday, 29 Nov 2022
4	REVISION	REVISION	NS & T	Mathematics	Social Sciences	English	Afrikaans (FAL) Sepedi (FAL)
5	REVISION	REVISION	Social Sciences	English	Afrikaans (FAL) Sepedi (FAL)	Mathematics	NS & T
6	REVISION	REVISION	Afrikaans (FAL) Sepedi (FAL)	Mathematics	NS & T	English	Social Sciences
7	REVISION	Content (Paper 1)	Content (Paper 2)	English (Paper 2)	English (Paper 1)	Mathematics	Afrikaans (FAL)

From 14 November the school will come out at 13:40 daily.

From 21 November the school will come out at 12:00 daily.

Grade 8 exam information will be communicated by Mr van Zyl on Google Classroom.

Important dates

19 October 2022 – Chess Competition during school hours

21 October 2022 – ECD and Grade 1 – 7 Open Day

25 & 26 October 2022 – English Poem Competition (letters will be sent out to participants)

28 & 31 October 2022 – Grade 3 & 6 IBT Mathematics

30 November 2022 – Prize Giving

07 December 2022 – School closes for the December holidays

Pupils not re-enrolling for 2023

If your child is not coming back to PEPPS Mokopane in 2023, kindly remember that you have to give 2 months' written notice thereof, as per Financial Policy signed by you. You will be fully liable to pay the school a full term's school fees in lieu, should you not have given the 2 months' notice in writing.

Prefects 2023

Congratulations to the following pupils that have been elected as Grade 7 Prefects for 2023:

Anisha Bechinteni

Mikayler Chimwere

Mogau Kekana

Mogau Legodi

Kamogelo Mashiane

Chineme Matthew

Thabo Mboweni

Mogau Mokwena

Lerato Ramohlola

Sewela Shiburi

We are proud of you and we know that you will always set a great example to your peers.

Reports

ECD and Foundation Phase will receive reports at the end of the academic year. Grade 4 – 8 will receive reports before the exams and again at the end of the academic year.

We would like to thank you for your interest and loyalty shown during this school year so far. We are truly grateful for the ambassadors you are to us. At PEPPS we are creating tomorrow's leaders!

Kind regards

Sharon King

Headmistress